

PRE TATTOO

XAVI CANTI []

(01)

SKIN

- Start moisturizing the area to be tattooed at least 1-2 weeks in advance with a fragrance-free lotion. Hydrated skin is easier to work with and heals better.
- Avoid sun exposure for at least a week before your session. Sunburns or irritated skin may require rescheduling.
- Don't shave or exfoliate the area within 48 hours before your appointment. If needed, I'll take care of shaving the area at the studio.

(02)

EAT AND REST WELL

- Get a good night's sleep before your session. A rested body handles long sessions much better.
- Eat a solid meal before coming in. Don't show up on an empty stomach — it helps prevent dizziness and keeps your body energized.
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- Feel free to bring snacks and drinks to keep you comfortable throughout the session.

(03)

WEAR COMFORTABLE CLOTHING

- Wear loose, comfortable clothes that give easy access to the areas being tattooed without needing to undress completely.
- Avoid wearing anything new or that you wouldn't want to get stained with ink.

(04)

DON'T'S

- No alcohol or drugs 24 hours before your appointment.
- Avoid aspirin, ibuprofen, or blood thinners the day before, as they can cause excess bleeding.
- If you're feeling sick or unwell, it's best to reschedule.

If you have any questions about your tattoo, your skin, or the session in general, don't hesitate to message me beforehand.

This is not just a tattoo — it's a personal, handcrafted piece made to last. Let's make sure everything is set so you can enjoy the full experience from start to finish.

Looking forward to working with you,

Xavi